Effective Team Meetings

Today's objective: Learn the best practices of preparing for and leading a team meeting. What does "excellent" look like? No one wants to attend bad meetings!

Effective meetings happen by design & contain 4 elements.

A plan:

- What's the purpose / what are we here to achieve?
 - Cultivate relationships, discuss and decide, complete a task, brainstorm ideas, share updates?
- Prepared agenda that supports the purpose and optimizes time
- The correct people to execute that plan

Context:

- Clear to everyone how this agenda supports organizational or stakeholder objectives
- Everyone knows why they are present and what they are expected to contribute

Active meeting management:

- Stay on track to agenda / or actively decides not to
- Keeps on time and on subject
- Encourages high quality dialogue
- Watches engagement; notice under talkers and over talkers

A Conclusion:

- End on time or early vs. running out of time to close
- Captures actions and who will do what by when
- Restates decisions made and problems solved

Special thanks to Stop Meeting Like This for inspiration and meeting excellence! www.stopmeetinglikethis.com

Roles for Participants





Who does what? Roles & Responsibilities

The leader can solicit help. Assigning roles can be especially helpful for meetings with more than 10 people.

Role

Responsibility

Leader

- Creates agenda
- Assigns team member's roles
- Passes down organizational updates
- Holds team accountable to, actions and participation

Timekeeper

- Follows agenda
- Gives participants 2-3 minute warning when time's up
- Announces next up
- Has permission to interrupt the speaker

Note Taker

- · Takes note of major discussion points
- · Notes any decisions being made
- · Notes actions and due dates
- Post notes, following team norms

Participant

- Actively participates in discussions, even if not on the agenda
- Show up prepared with high quality input
- Pays attention to the emotional needs of others, provides encouragement
- Does not over/under share in conversations



What can you do to improve your team meetings?